

A REPORT ON INTERNATIONAL WOMEN'S DAY OBSERVED BY WOMEN CELL, LUMDING COLLEGE

International Women's Day was observed in Lumding College under the aegis of the Women Cell, Lumding College Unit, Dima Hasao Zone, on the 8th March 2017. The 2017 theme for International Women's Day is "Women in changing world of work: Planet 50-50 by 2030". The main discussion of the programme was based on the theme of the International Women's Day, 2017.

Under the president ship of Dr. Tapashi Gupta, Assoc. Prof. Department of Zoology a meeting was held. Dr. Mrinal Kanti Paul, Principal, Lumding College was the chief guest. Twenty six teaching and members of non-teaching staffs, and seventy seven students of all disciplines were present in the meeting. An opening song was presented by Mrs. Sanghamitra Das (Bose), Mrs. Sujata Sen, Dr. Nibedita Dutta of Lumding College. Dr. Mrinal Kanti Paul, Principal, Lumding College, Mr. Shio Kumar Jha, Co-ordinator, IQAC, Lumding College and Mr. Suleman Ali, Assoc. Prof. Department of English delivered analytical speech on the issue and urged upon all to materialize the theme. The chief guest highlighted the major thrust area of changing world of work. Ms Binita Bhuyan and Dr. Gitanjali Nath recited a beautiful poem. The meeting was anchored by Mrs. Onkita Mishra. The meeting ended with the vote of thanks by Mrs Reeta Das Assist. Pof. Department of Education, Secretary, Women Cell Lumding College ACTA Unit

Secretary, Women Cell,

Lumding College Unit, Dima Hasao Zone.



Special talk on " **Secret to Happiness**" was organised by Value Education Committee, Lumding College, Lumding. Resource person, Sri Vishnu Prakash, full time Art of Living Teacher. He is the founder director at sridhenu.org. and NGO for social upliftment. Before dedicating his life completely to the Art of Living , he served as a veteran software developer at Microsoft. Inspired by Gurudev Sri Sri Ravishankar, he came to know that teaching was his calling and he has been into it ever since then. He has been conducting AOL workshops at IITs, ISB , IIIT, Banking Corporates, Central Prisons and remote villages of Assam and Northeast for the last 7 years. He also leads a research wing at Sridhenu about indigenous cow therapy. His talks revolve around the ways to be happy. Happiness is the basic mental need of every human being. But, due to stress, anxiety and the fast lifestyle, mentally and physically, all are tired with a distorted lifestyle. Practising meditation is not so easy for general people. But the specially designed 'Sudarshan Kriya' by the holiness Gurudev Sri Sri Ravishankar has successfully met the vision of making meditation a universally accessible process. This technique circumscribes all the dimensions of existence and does the job of bringing them in harmonious balance with each other. His speech motivated a batch of 38 participants. A few students and teachers showed interest in participating in the happiness programme of the Art of Living.



REPORT ON MARTIAL ART

The second phase of the workshop on Martial Art for girl students was held on 22nd and 23rd August, 2017 in Lumding College, under the aegis of the Women Cell, Lumding College ACTA Unit in collaboration with Dima Hasaon Zone, Hojai.

Total 50 students have participated in the programme. Among them 34 students have registered their name on payment of Rs. 100/-. The master trainer was Titu Sing, Kongphu expert of NE region. The trainer with three assistants –one female and two male-conducted the workshop. They taught the participants the various techniques of Martial Art so that they can protect themselves from any adversity. The workshop started at 8.00 A.M. and ended by 3.00 P.M. The program of workshop, on the whole, was quite successful. The participants expressed their hearty thanks to the organizers of the program.



A report on the sensitization Programme on Financial Frauds for faculty members and students.

The IQAC of Lumding College had conducted an awareness programme on financial frauds for faculty members and undergraduate students of Lumding College on March 22, 2017. The total no. of 174 students took part in the programme in collaboration with the Dept of Non Banking Supervision(DNBS), RBI, Guwahati. Sri Saugata Chakraborty, Assistant General Manager, RBI Guwahati, conducted the programme. He dwelt at length on the menace of financial exploitation of common people by fraudsters employing various means, including to a great extent the use of cyber technology in recent times. He emphatically suggested to be extremely cautious before investing in any concern and not be carried away by their propaganda who aim at hoodwinking the investors with their high sounding false assurances of huge return in future. He observed that creating financial awareness among the teaching and student community is one of the key factors that contribute to the prevention of such frauds as the knowledge shared can spread rapidly through word of mouth. He elaborated on the various ways and means of prevention of the financial frauds. The programme raised a lot of awareness among the teachers and the students about the financial exploitation by the fraudsters.



Report on Earthquake and Fire Mock Drill.

The IQAC of Lumding College had initiated college level Earthquake and fire Mock Drill conducted by District Disaster Management Authority, Nagaon District in association with Indian Red cross society, Nagaon District branch on 23/03/2017 in the college campus. A total no. of 101 students were activity involved in the entire Mock Drill process besides 22 teachers, Sri Lakshman Prasad Barthakur, IRCS, NDB, lecture of Emergency First Aid, British St. John Ambulance Association was there to lead the entire Mock Drill Process. A total no of 23 fire extinguishers were examined and their types sorted out. A power point presentation by the Resource Personal was self explanative and offered many tips in the management of disaster. Additional observers like Sri Simnath Borah demonstrated the earthquake and fire management process. A mock fire alarm too was sounded to generate alertness and awareness amidst the students in any such eventuality. A few suggestions and recommendations were made by the team for updating the equipments and the relevant information from the concerned departments like NDRT, ADB and DDMA.



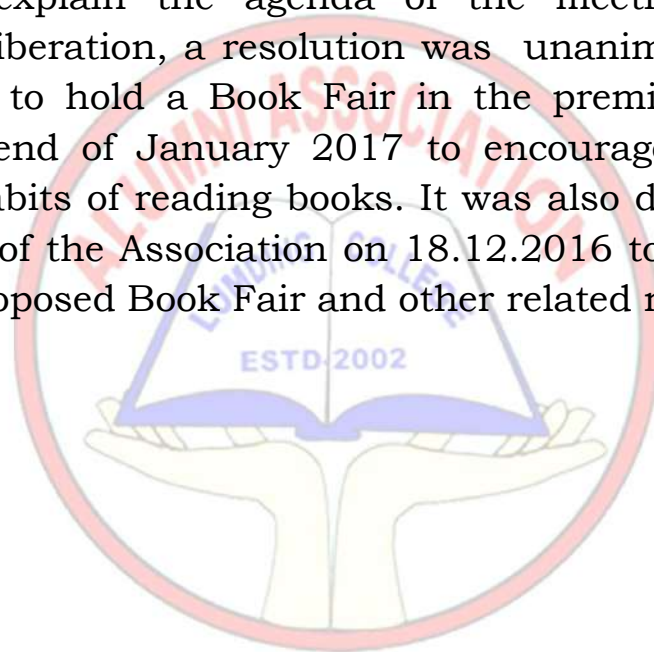


**ALUMNI
ASSOCIATION**
LUMDING COLLEGE
LUMDING, HOJAI
ASSAM



**A report on the meeting of the Alumni Association of Lumding
College held on 20.11.2016**

A general meeting of the Alumni Association, Lumding College was held on 20.11.2016. Sri Prabir Bhowmick, president of the Association was in the chair. Sri Ashim Paul, Secretary of the Association, explain the agenda of the meeting. In course of prolonged deliberation, a resolution was unanimously adopted in the meeting to hold a Book Fair in the premises of the college towards the end of January 2017 to encourage the students to boost their habits of reading books. It was also decided to hold the next meeting of the Association on 18.12.2016 to finalize the exact date of the proposed Book Fair and other related matter.



Report on the Cleanliness Programme

The Extension Cell of Lumding College, has observed the cleanliness programme on 5th June, 2017 on occasion of World's Environment Day. Around 39 faculties and 55 members have participated the programme. All the students and teachers have whole heartedly participated in the programme by cleaning the campus area and deposited the garbage in the bin and later on destroyed it. The programme ends with vote of thanks from the organiser.



Report on the 'World Environment Day'

The Extension Cell, Lumding College has organised a celebration programme on 'World Environment Day' along with the rest of India on 5th June 2017 with a slogan '**Connecting People to Nature – In the City and on the Land**'. Around 37 faculty members and 30 students participated the programme. The programme was inaugurated with a speech of Dr. Mrinal Kanti Paul, Principal of the College. In this programme we are lucky to have Mr Bora, Ranger, Lumding Beat Forest. The chief Guest Mr. Bora offered before the learned audience the necessity of maintaining balance between between Men and Environment. Prof. Nibas Paul from Dept. of Political Science demonstrate before the learned audience the importance of various plants and herbs which has some medicinal values. Prof. Anjan Dey H.O.D. Dept of Physics spoke lucidly on the occasion. In the end part of the programme with initiative of the Cell there was a plantation Programme in the campus, The Programme ends with a vote thanks offered by Dr. Manash Mazumdar.



Report on the Health and Hygiene Awareness Programme

The Extension Cell, Lumding College in Collaboration with Indian Medical Association organised an programme on Health and Hygiene at Swami Vivekananda School, Gour Basti Lumding, on 9th February 2017. The programme was attended by 18 teachers and around 25 students. In this grandiose occasion Prof. Joshodev Arjun from Dept. of Zoology of Lumding College spoke on Health awareness for the Students in particular and civil society in general. On behalf of Indian Medical Association put special emphasis on the Health and Hygiene among the rural slum and people of urban areas especially consumption of pure drinking water. The awareness programme ended with a vote thanks offered by Dr. Amith Ray.



A REPORT ON INTERNATIONAL WOMEN'S DAY OBSERVED BY WOMEN CELL, LUMDING COLLEGE

International Women's Day was observed in Lumding College under the aegis of the Women Cell, Lumding College Unit, Dima Hasao Zone, on the 8th March 2016. The 2016 theme for International Women's Day is "Planet 50-50 by 2030, step it up for gender equality". The main discussion of the programme was based on the theme of the International Women's Day, 2016.

Under the president ship of Ms. Nilu Paul, Assoc. Prof. Department of Zoology a meeting was held. Dr. Mrinal Kanti Paul, Principal, Lumding College was the chief guest. All teaching and non-teaching staffs, students of all disciplines were present in the meeting. An opening song was presented by Mrs. Mandira Dutta Gupta, HOD, Department of Political Science, Lumding College, Lumding. Dr. Parimal Acherjee, Department of Political Science, Mr. Nibas Paul, Assoc. Prof. Department of Political Science, Dr. Jahnabi Das, Assist. Prof. Department of Bengali delivered analytical speech on the issue and urged upon all to materialize the theme. The chief guest highlighted the major thrust area of women empowerment. Mrs Bilaisree Brahma, HOD, Department of Education recited self composed poem on women. Mrs Ankita Mishra also recited a beautiful poem. The meeting was anchored by Dr. Jahnabi Das. The meeting ended with the vote of thanks by Mrs L. Chakraborty, Assoc. Pof. Department of Economics, Secretary, Women Cell Lumding College ACTA Unit.



REPORT ON MARTIAL ART

A workshop on Martial Art for girls for self protection was held on 13th and 14th August, 2016, in Lumding College under the aegis of the Women Cell, Lumding College Unit.

Total 40 students had participated in the programme. They registered their names on payment of Rs 100 each. The master trainer was Titu Sing, Kongphu expert of NE region. The trainer with three assistants –one female and two male–conducted the workshop. They taught the participants the various techniques of Martial Art so that they can protect themselves from any adversity. The workshop started at 8.00 A.M. and ended by 3.00 P.M. The program of workshop, on the whole, was quite successful. The participants expressed their hearty thanks to the organizers of the program.



A REPORT ON AWARENESS PROGRAM ON DENGUE

An awareness program on Dengue was organized in Lumding College under the aegis of the Women Cell, Lumding College Unit on 19th November, 2016. Dr. Rabiswar Ghosh of FRU, Lumding was invited as a speaker in the program. Twelve teachers and seventy six students and members of the non-teaching staff attended the program. The program started with a brief inaugural speech of the principal, Lumding College. Dr. Ghosh elaborately gave an account of the symptoms and seriousness of the dengue fever. He also described the precautionary measures to prevent the disease. The awareness program started at 1.30 P.M. and ended with an interaction of students, some guests and teachers with the doctor by 2.30 P.M. Dr. Ghosh suggested the members of the Women cell to extend this type of awareness program to the common people of the rural and the urban areas of Lumding. The beneficiaries of the program expressed their hearty thanks to the organizers of the program.



Report on International Day against Drug abuse and illicit trafficking

Dt. 26.06.2016

International Day against Drug abuse and illicit trafficking was observed at Lumding College at the initiative of IQAC , Lumding College on 26.06.2016. The programme commenced with illumination of Lamp by the Principal and the guest of honour Mr. R.I. Mukhtar, Asst. Commissioner of police APTF, Assam . A warm reception was extended at the outset to the guest of honour and other guest to grace the Dias. One of the guests Mr. C. K. Koboi, Inspector (M) readout the speech by Born-Ki Mun . Dr. Amitava Dey, an authority on Drug abuse issue presented a paper which focused on the current scenario of Drug abuse and illicit trafficking and the consequent impact on the society .The speeches by the teachers, students and the chief of the NSS Unit of the college also highlighted on various issues related to recent measures adopted world wide by various organizations and NGOs to eradicate the rising trend of Drug addiction. The president summarised the measures taken locally to create awareness among the students in this connection. The programme concluded with vote of thanks by Dr. Amitava Dey.



Report on the Yoga Workshop Cum Training Programme

The IQAC of Lumding College had organised a workshop Cum Training Programme for 10 days (11th June to 20th June, 2016) in the college premises to commemorate 3rd International Yoga Day.

A ten-day long workshop provided lessons on Yoga to all the participants that included students, teachers and the office staff of the college. The instructors motivated the participants not only to practice yoga regularly but also to include yoga programme in annual festivals of the college in order to promote yoga among youth. The Yoga instructors demonstrated various forms of yoga such as Surya Namaskar, Tarasan, Bakrasan, Shalavasan, Veerbhadrasan and some other physical exercises. Mr. B. Appa Rao and Mr. Sukanta were the trainers. All participants were trained exclusively on the last day of the workshop to perform on the International Day of Yoga ie. 21st June, 2016.



Report on International Yoga Day

International Day of Yoga 2016 is observed on 21st June, 2016 in a befitting manner with a day- long Programme in the Lumding College under the aegis of the Internal Quality Assurance Cell of the college. In connection with the observance of the day, a ten-day Yoga training camp was organized in the college since 11th June to 20th June, 2016 with Smt. Ratna Dey and Sri Surajit Sarkar as yoga instructors. The programme opened with a song sung by Sri Arup Dey, Priyanjali Das and Saileena Bose. Sri Supriya Mishra, M.L.A of Lumding LAC, Dr. Mrinal Kanti Paul, Principal of the college, and Prof. Shio Kr. Jha, co-ordinator, Internal Quality Assurance Cell of the college, spoke on the occasion highlighting the significance of the day and benefits of yoga. They urged upon the students and other people to practice yoga in their daily life. The whole programme was anchored by Prof. Sanghamitra Das (Bose), Prof. Sujata Sen chanted yoga related Vedic mantras, wishing mankind peace and happiness. Sri Dharmadev Brahmachari, an invited guest hailing from Nagaon dwelt at length on the benefits of yoga practices and impressed upon the audience to practice yoga on a regular basis. Members of the International Day of Yoga observance committee are Prof. Sanghamitra Das (Bose), Dr. Sujata Sen, Dr. Uttam Das, Prof. Panna Chowdhury and Prof. Pradip Majumder.

A REPORT ON WORKSHOP ON LIQUID EMBROIDERY

A workshop on Liquid Embroidery was organized in three phases in Lumding College under the aegis of the Women Cell, Lumding College Unit on 13th & 14th February, 4th & 5th March, 2016 and 18th & 19th April, 2016. Mrs Aparna Hazarika and Ms Pranabi Barua, Art and Craft teacher of “Pidilite Paint and Color Company” were invited for demonstration of various techniques of paint and color. Fifteen lady teachers and thirty seven girl students participated in the workshop. The workshop started at 8.00 A.M. and ended by 2.00 P.M. The program of workshop, on the whole, was quite successful. The participants expressed their hearty thanks to the organizers of the program.



Report on Rastriya Ekta Divas

IQAC Lumding College has organised programmes and events related to Sardar Vallabhbhai Patel and his contribution for the unification of the country on 3rd November, 2016 at 11 A.M. Essay writing competition on the character and contribution of Sardar Patel, current issues of Unity and the 'most creative slogan' contest on the relevance and importance of National Unity and inspiring and motivational lectures were organised on the occasion. About 104 students participated in the event and the top three participants were awarded prizes. Besides, all the participants were given a certificate of participation. The chair person had highlighted the significance of the day and its observation. In his key note address, he had emphatically suggested the importance of Unity within the Nation which is the crying heed of the day. The celebration ended with the vote of thanks by the convener.



Report on World Environment Day (5th June, 2016)

World Environment Day is observed at Lumding College on 5th June, 2016 in a befitting manner with a day- long programme under the aegis of the IQAC of the college. A good number of saplings were planted on the campus to mark the occasion, After plantation of the sapling, the Principal, staff and the students of the college assembled in the conference hall to discuss the various issues relating to the environment. Dr. Mrinal Kanti Paul, principal of the college, was in the chair. He dwelt on the significance of the World Environment Day. The other dignitaries who graced the meeting as chief Guest and Guest speaker respectably were Sri Dilip Kr. Dey, IPS, Commandant, 2nd Battalion APTF, Lumding and Ms. Sumana Sengupta Das, National Consultant, Anthropologies, Saplings were sent by Anil Kr. Sharma Asstt. Commandant, 2nd Battalion APTF, Lumding.

They spoke on the occasion, highlighting the urgent need of the protection of the Environment and plantation of more and more saplings. Dr. Amitabha Dey, Medical, & Health Officer, 2nd Battalion APTF, Lumding participated in the discussion and stressed the need for checking illegal wild life trading. Md. Suleman Ali, HOD, English addressed the gathering, pointing out the various impacts of human activities on the environment .Prof. S.K Jha, HOD, Mathematics also spoke about tremendous threat to wild life and asked for concerted efforts of the people and the Govt. to save the wild life. Dr. Tapashi Gupta, Asso. Prof., Dept of Zoology, coordinated the program and delivered the welcome speech and Ms. Sanghmitra Das Bose, Asso. Prof., Dept. of Zoology Lumding College, conducted the meeting as its anchor. The vote of thanks was offered by Dr. Sujata Sen, Asstt. Prof., Dept of Geology.



Report on the Medical Camp of Eye Test

A medical camp on Eye Test has been organised by the Extension Cell of Lumding College on 28th January, 2016 in the premise of Lumding College. The camp was attended by 9 teachers and 56 students along with 12 people from the civil society. Dr. Amitabha Dey of 2nd Battalion of APTF Lumding was the chief guest the camp.

A nominal fees of Rs.50/- was levied for registration. In the camp Dr. Dey conducted Test to the registered patient and prescribed medicines if necessary. The camp ended with a brief deliberation on the Eye Care by Dr. Dey with a vote of thanks from the organiser.

Report on Environment Awareness and 'World Environment Day'

On 5th June 2016, the Extension Cell Lumding College has organised an Awareness programme on Environment as a part of the celebration of World Environment Day with a motto '***Zero Tolerance for Illegal Wildlife Trade***'. The programme was inaugurated by Dr. Mrinal Kanti Paul, Principal of the College. In his speech Dr. Paul spoke on the illegal trade of various endangered animal species especially the one horned Rhino from different wildlife sanctuary. Prof. Nilu Paul in accepting the speech of Dr. Paul suggested the audience about the necessity of maintaining balance between wildlife and human society. Md.Suleman Ali, H.O.D. of English, in his valuable speech focused on the illegal encroachment in the wild life sanctuary by poachers which is really alarming for the global society in maintaining future balance between human society and wild environment. The programme ended with a cleanliness drive in the campus.



Report on International Day against Drug abuse and illicit trafficking

Dt. 26.06.2016

International Day against Drug abuse and illicit trafficking was observed at Lumding College at the initiative of IQAC , Lumding College on 26.06.2016. The programme commenced with illumination of Lamp by the Principal and the guest of honour Mr. R.I. Mukhtar, Asst. Commissioner of police APTF, Assam . A warm reception was extended at the outset to the guest of honour and other guest to grace the Dias. One of the guests Mr. C. K. Koboi, Inspector (M) readout the speech by Born-Ki Mun . Dr. Amitava Dey, an authority on Drug abuse issue presented a paper which focused on the current scenario of Drug abuse and illicit trafficking and the consequent impact on the society .The speeches by the teachers, students and the chief of the NSS Unit of the college also highlighted on various issues related to recent measures adopted world wide by various organizations and NGOs to eradicate the rising trend of Drug addiction. The president summarised the measures taken locally to create awareness among the students in this connection. The programme concluded with vote of thanks by Dr. Amitava Dey.



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International Women's Day was observed in Lumding College under the aegis of the Women Cell, Lumding College Unit, Dima Hasao Zone, on the 8th March 2015. The 2015 theme for International Women's Day is "Equality for women is progress for all". The main discussion of the programme was based on the theme of the International Women's Day, 2015.

Under the presidentship of Mrs. Mandira Dutta Gupta, Assist. Prof. Department of Political Science a meeting was held. Dr. Mrinal Kanti Paul, Principal, Lumding College was the chief guest. Thirty two teaching and members of non-teaching staffs, and eighty one students of all disciplines were present in the meeting. An opening song was presented by Mrs. Sanghamitra Das (Bose), Mrs. Sujata Sen, Dr. Nibedita Dutta of Lumding College. Dr. Mrinal Kanti Paul, Principal, Lumding College, Dr. Parimal Acherjee, Department of Political Science, Mr. Nibas Paul, Assoc. Prof. Department of Political Science delivered analytical speech on the issue and urged upon all to materialize the theme. The chief guest highlighted the major thrust area of equality for women is progress for all. Ms Urmila Doley recited a beautiful poem. The meeting was anchored by Mrs. Onkita Mishra. The meeting ended with the vote of thanks by Dr. Jahnabi Das Assist. Prof. Department of Bengali, Secretary, Women Cell Lumding College ACTA Unit



A REPORT ON WORKSHOP ON RABINDRA JYOTI SANGEET

A workshop on Rabindra Jyoti Sangeet was held on 15th & 16th October, 2015 in Lumding College under the aegis of the Women Cell, Lumding College Unit. Mrs. Sudhakshina Sharma and Mr. Rishiraj Sharma were invited to taught Rabindra Sangeet and Jyoti Sangeet. Thirty teachers and thirty five students of Lumding, Lanka, Hojai and Maibang College participated in the program. The music teachers taught approximately 15 Rabindra sangeet and six Jyoti sangeet in four session. They taught the assamese version of Rabindra sangeet by Late Nabakanta Barua. The program of workshop, on the whole, was quite successful. The beneficiaries of the program expressed their hearty thanks to the organizers of the program.



Report on Environment Awareness and ‘World Environment Day’

The Extension Cell Lunding College has organised a programme on Environment Awareness on 5th June 2015 with a slogan ***‘Seven Million Dream, One Planet. Consume with Care’***. The programme was inaugurated by Dr. Mrinal Kanti Paul, Principal of the College. In his speech he spoke on the maintaining balance between human society and planet. Prof. Nilu Paul in her speech presented before us how we are moving towards a dangerous time if we are not aware of our nature and environment. The programme ended with a plantation of saplings in the campus.



Report on the Programme on Adult Education

The Extension Cell of Lumding College has organised a camp on Adult Education on 15th December, 2015 at Rastrabhasa L.P.School, APTF, Lumding. The camp was attended by 11 faculty members and 46 students. The camp was inaugurated by Dr. Mrinal Kanti Paul, Principal Lumding College. Prof. Nilu Paul in her speech spoke highly on the necessity of organising such camp in future also. Nearly 100 people of the rural folk and slum areas in and Lumding attended the camp. They were thought the necessity of Education. Initially they were provided books and copy with an introduction to alphabets and numeric. The camp ended with a vote of thanks from the organiser.



Report on Tree Plantation

The extension cell, Lumding College has organised a programme on Tree plantation in the College Premises on 14th August 2015 on the occasion of 56th Foundation Day of the College. The programme was attended by 41 teachers and around 150 students. In his inaugural speech on the occasion, Dr.Mrinal Kanti Paul spoke on human concern for environment. The programme was ended with plantation of saplings in the campus.



Report on Health and Hygiene Awareness Programme

The Extension Cell, Lumding College has organised an programme on Health and Hygiene at Swami Vivekananda School, Gour Basti Lumding, on 22nd February 2015. The programme was attended by 32 teachers and around 65 students. In this grandiose occasion Prof. Joshodev Arjun from Dept. of Zoology of Lumding College spoke on Health awareness for the Students in particular and civil society in general. On behalf of Indian Medical Association put special emphasis on the Health and Hygiene among the rural slum and people of urban areas especially consumption of pure drinking water. The awareness programme ended with a vote thanks offered by Dr. Amith Ray.



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Under the presidentship of Mrs. Mandira Dutta Gupta, Assist. Prof. Department of Political Science a meeting was held. Dr. Mrinal Kanti Paul, Principal, Lumding College was the chief guest. Thirty two teaching and members of non-teaching staffs, and eighty one students of all disciplines were present in the meeting. An opening song was presented by Mrs. Sanghamitra Das (Bose), Mrs. Sujata Sen, Dr. Nibedita Dutta of Lumding College. Dr. Mrinal Kanti Paul, Principal, Lumding College, Dr. Parimal Acherjee, Department of Political Science, Mr. Nibas Paul, Assoc. Prof. Department of Political Science delivered analytical speech on the issue and urged upon all to materialize the theme. The chief guest highlighted the major thrust area of equality for women is progress for all. Ms Urmila Doley recited a beautiful poem. The meeting was anchored by Mrs. Onkita Mishra. The meeting ended with the vote of thanks by Dr. Jahnabi Das Assist. Prof. Department of Bengali, Secretary, Women Cell Lumding College ACTA Unit



Report on the Free Health Check up and Treatment Camp

The Extension Cell, Lumding College in collaboration with Indian Medical Association, organised a free health Check up and Treatment Camp at Lumding College on 21st September, 2014. About 8 teachers and 35 students of the College were provided free health check up and treatment in the camp. Dr.Amithabha Dey along with Dr.Gautam Seal and Dr. Rabiswar Ghose on behalf of Indian Medical Association rendered their services. The camp was a great success with vote of thanks from the Cell offered by Dr.Sujata Sen

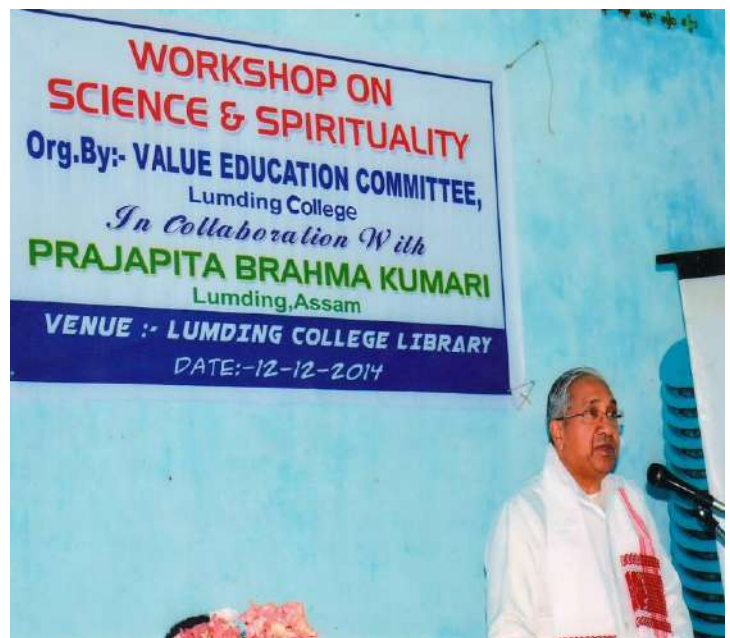


A REPORT ON FREE MEDICAL CAMP FOR GIRL STUDENTS

A free medical camp for girl students was organized in Lumding College under the aegis of the Women Cell, Lumding College Unit in collaboration with Punjab National Bank, Lumding Branch in 2014 under the presidentship of Dr. Tapashi Gupta, Assoc. Prof, Department of Zoology. Dr. Ramanuj Bhattacharya, Dr. Gautam Sil and Dr. Rabiswar Ghosh of FRU, Lumding gave commendable services in the camp. Twenty-five teachers and eighty students participated in the camp. All the eighty girl students were given free treatment with medicine. The program started at 8.00 A.M. and ended at 4.00 P.M. The program of medical camp, on the whole, was quite successful. The beneficiaries of the program expressed their hearty thanks to the organizers of the program.

REPORT ON WORKSHOP ON "SCIENCE AND SPIRITUALITY"

Workshop on "**Science and Spirituality**" is held at Lumding College Library Reading Room on 12-12-2014 at 11 am. Members of Lumding College again feels honoured having B.K. Mohan Singhal among them as Recourse Person. In general perspective, science and spirituality are poles apart. But how life's vital processes are run by science and enriched by spirituality has been clearly and thoroughly explained by the honourable resource person. The Value Education Committee collaborated with Prajapita Brahmakumaris to organise this event. 50 participants took part in this workshop including students, teachers and non-teaching staff of the college. Other speakers, B.K. Arjuna and B.K. Kalpana briely added to the topic.



A Report on the Malaria Awareness Programme

The Extension Cell of Lumding College in association with Indian Medical Association has organised a one day Programme on 'Malaria Awareness' among the students and faculties of Lumding College on 10th June, 2014. It was attended by 18 teachers and 150 students. The guest speaker of the Programme is Dr. Amitabha Dey of APTF 2nd Battalion, Lumding. He represented here for Indian Medical Association. He spoke on the fatality of the disease. The causes of Malaria, measures of prevention and social awareness about it. In his speech Dr. Dey emphasised on the general awareness to eradicate these deadly disease. Prof. Nilu Paul, convenor of the cell spoke on the occasion exhorting the students to play a role to raise awareness among the general public about Malaria and preventive measures about its eradication.

The programme ended with a vote of thanks offered by Dr. Manash Mazumdar member of the Extension Cell, Lumding College.



Report on the Celebration of World AIDS Day and Awareness

Programme

Worlds AIDS Day has been observed in Lumding College on 1st December, 2014. The programme was organised by the Extension Cell of the College in collaboration with the Indian Medical Association. The programme was attended by 40 teachers and 63 students. The aim of the programme was to raise awareness among the members of the civil society about the deadly disease called AIDS. Dr. Amithabh Dey and Dr. Rabiswar Ghosh on behalf of the Indian Medical Association, attended the programme. They spoke about the deadliness of the disease, its causes and measures to be taken to prevent it. They opined that AID's is an global menace and it has to be countered globally. He opined that every member of the society must be aware of the danger of AIDS and contribute to the global effort for its eradication. The programme came to an end with a vote of thanks from the organiser.



Report of the Camp on AIDS Awareness

The Extension Cell, Lumding College has organized a Camp on AIDS Awareness among the slum area of Lumding at Jorongdisa in Association with Indian Medical association on 8th December, 2014. The programme was attended by 30 teachers and 25 students. Dr. Jashodev Arjun and Prof. Nilu Paul spoke extensively on the noble occasion. Dr. Amitabha Dey and Dr. Rabiswar Ghosh interacted with the students in general and residents of the slum area in particular. In their speech both of them described elaborately the causes of the disease and symptoms. In their speech they advised the people to go for health check up if they observed such symptoms in their health. The programme was ended with a vote of thanks offered by Dr. Manash Mazumdar

Report on the Free Health Check up and Treatment Camp

The Extension Cell, Lumding College in collaboration with Indian Medical Association, organised a free health Check up and Treatment Camp at Lumding College on 21st September, 2014. About 8 teachers and 35 students of the College were provided free health check up and treatment in the camp. Dr.Amithabha Dey along with Dr.Gautam Seal and Dr. Rabiswar Ghose on behalf of Indian Medical Association rendered their services. The camp was a great success with vote of thanks from the Cell offered by Dr.Sujata Sen



Report on Cleanliness Drive

The extension Cell of the College has organized a drive on Cleanliness Programme on 25th August, 2014. The programme was attended by 35 faculties and 200 students. All the students and teachers whole heartedly took part in the programme. As part of the programme all the students and teachers in group wise cleaned the campus with broom and deposited the garbage in the dustbin allocated for the purpose. The programme was coordinated by Dr. Jashodev Arjun and Prof. Nilu Paul.



A REPORT OF SEMINAR ON THE TOPIC” STATUS OF INDIAN WOMEN AFTER INDEPENENCE”

A seminar was organized in Lumding college under the aegis of Women cell, Lumding Cllege ACTA Unit, in 2013 in Azad Hind Public Library at 3.00 P.M. Ms. Uma Bhowmick, Ex-Principal, Lumding College was invited as a chief guest. Twenty five male and seventy female including teachers, guests and students were present in the seminar. Dr. Mrinal Kanti Paul, Principal, Lumding college gave a brief inaugural speech. Six teachers and ten students presented their paper on the topic. All participants delivered analytical speech on the issue and urged upon all to materialize the theme. The chief guest highlighted the major thrust area of Status of women after independence. The meeting was anchored by Dr. Jahnabi Das. The meeting ended with the vote of thanks by Mrs Sarbari Debnath, Assoc. Prof. Department of Bengali, Secretary, Women Cell Lumding College ACTA Unit.



A REPORT ON INTERNATIONAL WOMEN'S DAY OBSERVED **BY WOMEN CELL, LUMDING COLLEGE**

International Women's Day was observed in Lumding College under the aegis of the Women Cell, Lumding College Unit, Dima Hasao Zone, on the 8th March 2013. The 2013 theme for International Women's Day is "A Promise is a promise: Time for action to end violence against women". The main discussion of the programme was based on the theme of the International Women's Day, 2013.

Under the presidentship of Mrs. Pranati Majumder, Assoc. Prof. Department of Economics a meeting was held. Dr. Mrinal Kanti Paul, Principal, Lumding College was the chief guest. Thirty teaching and members of non-teaching staffs, and thirty students of all disciplines were present in the meeting. An opening song was presented by Mrs. Sanghamitra Das (Bose), Mrs. Sujata Sen, Dr. Nibedita Dutta of Lumding College. Dr. Mrinal Kanti Paul, Principal, Lumding College, Dr. Parimal Acherjee, Department of Political Science, Mr. Nibas Paul, Assoc. Prof. Department of Political Science, Ms Nilu Paul, Assoc. Prof, Department of Zoology delivered analytical speech on the issue and urged upon all to materialize the theme. The chief guest highlighted the major thrust area of violence against women. Mrs Ankita Mishra recited a beautiful poem. The meeting was anchored by Dr. Jahnabi Das. The meeting ended with the vote of thanks by Mrs Sarbari Debnath, Assoc. Pof. Department of Bengali, Secretary, Women Cell Lumding College ACTA Unit

Report on Workshop on “ Building Harmonious Relationship”

Workshop on "**Building Harmonious Relationship**" organised by Value Education Committee has been held on 17/05/2013. B.K. Mohan Singhal has remained the resource person. Venue: Lumding College Library Reading Room. B.K. Mohan Singhal, Brahma Kumari, Mount Abu, is an M.Tech from Indian School of Mines (ISM), Dhanbad (1967). He joined ONGC in 1967 and served for 28 years in various capacities in Assam, Gujarat and Uttarakhand. He took voluntary retirement in 1996 while serving as Suptd. Geophysicist. He came in contact with the Brahma Kumaris in 1961 and since then, has remained an active member of the organization. Now, in Brahma Kumaris Ishwariya Vishwavidyalaya, he serves as the Member of Governing Body of Rajayoga Education and Research Foundation; Member of H.Q. Management Committee, National Coordinator of Scientists and Engineers Wing; Coordinator of Academy for a Better World Gyan Saorvar, Mount Abu; Editor of SEWs-NEWS, a Quaternary Publication of Scientists and Engineers Wing (SEW). He contributed a lot in Environmental Awareness Campaigns and Disaster Management Campaigns in India and Nepal. He is the recipient of Paryavaran Shree award by MHRD, 1992; International Award for Human Resource Development and Spiritual Development by International Association of Educators for World Peace (IAEWP), USA and Common Wealth Association for the Education and Training of Adults (CAETA), uk in 2004. Distinguished guests were B.K. Arjun and B.K. Kalpana. After felicitation programme, convener, Value Education Committee, Sanghamitra Das Bose briefly explained the aim of the workshop. School and college students come from diverse backgrounds having diverse mentality. To build up the harmonious relationship between teachers and students, students with fellow students and workers and their colleagues, meditation can take a vital role. The resource person strongly explained how harmonious relationship is the prime necessity in the work places. He involved the participants by different techniques, adopting using visual aids. Eg. Powerpoint presentation. He also taught different meditation techniques and made the workshop successful. Total no. of participants were 49 including students, teachers and office staff.



Report on the Health and Hygiene Awareness Programme

The Extension Cell, Lumding College in Collaboration with 'HELP' an NGO based at Lumding organised an programme on Health and Hygiene at Jorongdisa L.P. School, Lumding on 25th April, 2013. The programme was attended by 7 teachers and around 156 students. In this grandiose occasion Prof. Nilu Paul spoke on Health awareness for the Students in particular and civil society in general. On behalf of 'HELP' (NGO) Mr. P.K. Das put special emphasis on the Health and Hygiene among the rural slum and people of urban areas especially consumption of pure drinking water. The awareness programme ended with a vote thanks offered by Prof. Madhumita Dev.



Report on the Medical Camp

The Extension Cell, Lumding College in collaboration with Indian Medical Association has organised one day Medical Camp in the College premise on 15th November, 2013. About 11 faculties and 122 students and some people of civil societies attended the programme. The camp was inaugurated by Dr. Mrinal Kanti Paul, Principal, Lumding College. Prof. Nilu Paul, Convenor of the Extension Cell of the College offered a short speech on the aim of organising such camp. On behalf of Indian Medical Association Dr. Amithabha Dey, Dr. Rabiswar Ghosh and Dr. Ramanuj Bhattcharjee examined the students and faculties and some people of civil society and prescribed medicines and other necessary tests. The camp ended with a vote of thanks from the organiser.



A REPORT ON LECTURE SESSION ON THE TOPIC “STRESS MANAGEMENT, SCIENCE OF THE MEDITATION, PRINCIPLES OF HEALTHY LIVING”.

A lecture based program on “Stress Management, Science of Meditation, Principles of healthy living” was held in Lumding College under the aegis of women cell, Lumding college ACTA unit in collaboration with Prajapita Brahmakumari Ashram of Lumding on 27.06.12 at 10.00 A.M. Dr. Sachin Parale (MBBS) of Prajapita Brahmakumari was speaker of the program. Thirty teachers and fifty students of all disciplines were present in the program. He delivered analytical speech on the theme of the program and urged upon all to materialize the theme. The program started at 10.00 A.M. and ended with an interaction of students and teachers with the speaker by 12.30 P.M. The lecture based program, on the whole, was quite beneficial. The beneficiaries of the program expressed their hearty thanks to the organizers of the program.



A REPORT ON LECTURE SESSION ON THE TOPIC
“SIGNIFICANCE OF VALUES AND BELIEF IN THE LIFE OF
TEACHER”.

A lecture based program on “Significance of values and belief in the life of teacher” was held in Lumding College under the aegis of women cell, Lumding college ACTA unit on 11.01.12 at 11.00 A.M. Swami Sadhananda of Hindu Milan Mandir of Lumding and Kalpana Didi of Prajapita Brahmakumari Ashram of Lumding were invited as speaker in the program. Fifty teaching and members of non-teaching staff, and fifty students of all disciplines were present in the program. They delivered analytical speech on the theme of the program and urged upon all to materialize the theme. The program started at 11.00 A.M. and ended with an interaction of students and teachers with the speaker by 1.30 P.M. The lecture based program, on the whole, was quite beneficial. The beneficiaries of the program expressed their hearty thanks to the organizers of the program.



Report on Cleanliness Drive

The extension Cell of the College has organized a drive on Cleanliness Programme on 6th November, 2012. The programme was attended by 35 faculties and 276 students. All the students and teachers whole heartedly took part in the programme. As part of the programme all the students and teachers in group wise cleaned the campus with broom and deposited the garbage in the dustbin allocated for the purpose. The programme was coordinated by Dr. Jashodev Arjun and Prof. Nilu Paul.

